

CHANGING THE LIVES OF PEOPLE WHO STUTTER

Founded in 1977, the National Stuttering Association is the largest self-help/support organization for people who stutter in the United States. The NSA is dedicated to bringing hope and empowerment to children and adults who stutter, their families, and professionals, through support, education, advocacy, and research. Our vision is to build on our position as the preeminent organization for supporting people who stutter.

If you are the parent or family member of a child who stutters, you may have questions about what to do for your child. The National Stuttering Association is here to help!

NSA Family Programs supports young people who stutter by providing resources for the whole family and others in their support network. This information speaks to the wide variety of ages and situations which families may encounter. Information, good therapy and support from other people who understand the challenges with stuttering will allow families to move along in their journey with confidence! We have resources for persons who stutter of all ages, as well as their families and other interested persons.

As you read over this information, you will see that there is so much that can be done for children who stutter. New programs and information are emerging all the time, so stay connected with the latest info by logging onto WeStutter.org often. Even if your child has not experienced success with their stuttering in the past, there is still hope for the future.

Through the NSA, countless children and adults who stutter have improved their speech and overall communication skills, reduced their concerns about stuttering, and found that they can do anything they want to do!

WESTUTTER.ORG



The National Stuttering Association is a 501(c)(3) nonprofit organization. Since 1977, we have dedicated ourselves to bringing hope and empowerment to children and adults who stutter, their families, and professionals through support, education, advocacy and research.

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**PARENTS:
15 WAYS TO HELP
YOUR CHILD**

THERE ARE MANY THINGS YOU CAN DO TO HELP, THESE ARE JUST OUR TOP 15

1. NSA KIDS, TWST, & FAMILY CHAPTERS

The NSA is the only organization to offer local support chapters specifically for children, teens, and their families. Our NSA Kids groups are designed for young children who stutter (age 7-12), TWST (Teens Who Stutter) groups are designed for teenagers (age 13-17) who stutter, and our Family chapters are designed for all children, tweens, and teens (ages 7-17) who stutter. All groups are open to family members* and speech professionals, as well!

**Parents must remain with minor children for the duration of the meeting*



2. LOCAL 1-DAY EVENTS

Our local and regional 1-day events bring together children who stutter, their parents, and specialists in the treatment of stuttering for a full day of sharing, encouragement, support, and fun. These life-changing events give you a taste of what it is like to attend an NSA Annual Conference.

3. INFO FOR PRESCHOOL CHILDREN WHO STUTTER

The NSA's 60-page booklet, *Young Children Who Stutter: Information and Support for Parents*, explains the early signs of stuttering, describes what to expect in therapy, and explains how parents can help at home. It also provides the support you need to be a helpful partner in therapy. Order your copy at WeStutter.org!

4. LATEST DEVELOPMENTS IN TREATMENT

The NSA has partnered with leading stuttering specialists from around the country to provide the most up-to-date information about new treatments for children who stutter.

5. LETTING GO NEWSLETTER

NSA's newsletter, Letting Go, has been distributed to thousands within and outside of the NSA since 1979. Letting Go has created broad-based awareness of and support for kids, teens, and adults who stutter.

The personal accounts of victories over stuttering from people who stutter of all ages encourage self-acceptance and self-esteem throughout the reading audience of all ages. Letting Go can serve as a connection to the stuttering community for those not in speech therapy or geographically distanced from a support group.

6. LATEST RESEARCH

The NSA's Research Committee keeps you informed about developments in research to help you decide what's best for your child.

7. PEDIATRICIANS

Often the first health care professionals that parents turn to when they initially have concerns about their child's stuttering. The NSA has a special section of the website and brochure that speaks to the physicians to help them to better understand stuttering today.

8. INFO FOR EDUCATORS

Help your child's classroom teacher learn how to help your child at school with our informative brochure for educators.

9. THERAPY REFERRALS

Because of our close partnerships with leading speech-language pathologists around the country, the NSA can put you in touch with a stuttering specialist in your area.

10. NSA PARENTS FACEBOOK

Meet other parents who understand the challenges of being the parent of a child who stutters. This is a closed, moderated group, open only to parents of kids (of all ages!) who stutter, and a place to connect with others in a similar situation. Help your child as you help yourself!

11. SECURE & SUPERVISED INTERACTIONS

The NSA maintains a Safe Environment Policy to protect all children at NSA events.

12. INFO AT YOUR FINGERTIPS

The NSA's website (WeStutter.org) is filled with helpful information about stuttering, including advice from parents of children who stutter, guidance from professionals, and inspirational stories from people who have not let stuttering hold them back.

13. ADVOCACY FOR YOUR CHILD

The NSA is frequently cited the media involving stuttering. Because of our national prominence, we offer a voice for the needs of people who stutter.

14. ANNUAL CONFERENCE

Our Annual Conference is the best way to help people overcome the challenge of stuttering with/through activities, motivational speakers, support from others who stutter, the latest research and much more.

15. STAY CONNECTED

Check out WeStutter.org today to find all of this information and more. Including links to our Letting Go newsletter, monthly email blasts, social media, and much more!